

● Empowering minds



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ABOUT US

Mind Institute is an independent special needs center for children and adults struggling with physical, mental and social challenges. With a multi-disciplinary team of therapists and special educators licensed by Qatar's Ministry of Health, Mind Institute provides the highest standard of care through focused assessment, comprehensive treatment, and individualized learning plans. Mind Institute's mission is to create wholeness for children and adults by preparing each individual to successfully navigate social, academic and professional endeavors. Our clinical services, along with our personal touch, result in measurable change and unlock potential for a brighter future.

WELCOME TO MIND INSTITUTE

It is with great pleasure that I write to you as the Director of Mind Institute, a multi-disciplinary special needs center supporting children and adults in Qatar. Mind Institute is dedicated to serving the needs of individuals with special needs and I am truly honored to lead an institute that looks to the future as one that is full of opportunity and optimism.

As the founder of Little Academy Nursery, which has now been operating for over 11 years, I have always been committed to the field of education and making a positive impact on the lives of children in Qatar. My work with Little Academy Nursery illuminated an opportunity to further serve Qatar's community by creating a center where any individual, no matter their ability, can overcome challenges and reach their full potential.

I take pride in Mind Institute not only for its exceptional resources and dedicated multi-disciplinary team, but also for the nurturing and compassionate environment we have already created as a community. Special needs are no easy feat, but a collaborative and inclusive attitude has already proved that we are resilient, and are in this, together.

I am thrilled with your interest in Mind Institute. By taking time to learn about our center, whether for yourself or a loved one, you are already taking part in an exciting success story. This is only the beginning!

Sincerely,

Founder and Director



OUR SERVICES

Child Pathway (0-18)

- Early Intervention Program (EIP)
- Individualized Education Plan (IEP)
- Physical Therapy
- Occupational Therapy
- Speech and Language Therapy
- Psychology Services
- Sensory Integration
- Behavioral Therapy
- Learning Difficulties
- Social Groups
- Parent and Family Mentoring
- School Transition and Integration

Adult Pathway

- Occupational Therapy
- Physical Therapy
- Speech and Language Therapy
- Voice Therapy
- Mindfulness Classes
- Psychology Services

Educational Support and Services

- Early Intervention Program
- Learning Support
- Early Hearing Screening
- Shadow Teacher Services
- Nursery Integration Services
- Standardized Assessments
- Social Skill Groups

WHY CHOOSE US?

1. Our exceptional, multi-disciplinary team

Each staff member at Mind Institute has been carefully selected for their professional and personal achievements, as well as their experience. Mind Institute's therapists and support staff are not only highly qualified and experienced in their fields, but also come from diverse cultural and professional backgrounds, creating an inclusive, well-rounded environment that is open to everyone. Our therapists offer services in English, Arabic and French.

2. We make a difference

Mind Institute is a goal-oriented center that achieves demonstrable results. Our services are comprehensive, and our center features the latest, cutting-edge technology and resources from the United States and United Kingdom. We go to extraordinary lengths to improve the lives of children and adults who are referred to us, and thrive on making a real difference in the individuals we treat.

3. We are committed to your journey

Mind Institute recognizes that no two individuals are the same- which is why each treatment plan is customized and tailored to the individual. Our environment is founded on a cooperative and collaborative approach between all of our therapists, ensuring that every single assessment and treatment plan has been comprehensively studied to provide the best results.



OUR CENTER

Located in Ain Khaled, our state-of-the-art center -3story center is equipped with the latest international technology and equipment unmatched by other facilities in Qatar. Our center is entirely accessible, comprehensively monitored by CCTV for safety purposes, and consists of the highest-quality international resources. Mind Institute has an Occupational and Physical Therapy Wing, Sensory Room, Speech and Language Wing, Psychology Wing, and additional spacious, communal areas both indoor and outdoors.



OUR DEPARTMENTS

Our therapists are trained and licensed to administer a wide variety of evidenced-based and standardized diagnostic tools. Once the assessment is completed, a comprehensive report is given with a set of recommendations and referrals for related services.



Speech and Language Department

The Speech and Language department at Mind Institute offers evaluation, formalized assessments and treatment for a wide range of communication disorders.

Our Speech and Language therapists offer treatment in the following areas:

- Language Delay including cases where children have global developmental delay and/or cognitive difficulties
- Autism Spectrum Disorders
- Communication Impairments related to other neurodevelopmental disorders e.g. Attention Deficit Hyperactivity Disorder
- Selective Mutism
- Specific Language Impairment
- Hearing Difficulties (peripheral hearing impairment & central auditory processing disorders)
- Social-communication Disorders/ Semantic Pragmatic Disorders
- Dysfluency (stuttering/stammering & cluttering)
- Resonance Disorders, Nasality & Cleft palate
- Articulation Disorders
- Voice Disorders
- Swallowing Disorders & Oral Motor Difficulties
- Drooling
- Apraxia/Dyspraxia (problems with programming of speech act); verbal (speech) or oral
- Cerebral Palsy
- Language-based learning disabilities (language problems in children can commonly be associated with other learning difficulties such as dyslexia, comprehension difficulties and/or difficulties expressing ideas on paper i.e. composition difficulties)
- Communication support for children who use assistive and augmentative communication systems
- Acquired communication difficulties

Occupational and Physical Therapy Department



The Occupational and Physical Therapy Department at Mind Institute offers evaluation, formalized assessments and treatment for a wide range of occupational disorders.

Our Occupational and Physical therapists offer treatment in the following areas:

- Sensory Processing Dysfunction
- Sensorimotor Skills
- Visual Perceptual Skills
- Visual-Motor Integration
- Fine Motor Control
- Gross Motor Control
- Balance & Coordination
- Self-Care Skills
- Sleep Hygiene
- Social and Play Interaction Skills
- Executive Functioning Skills
- Handwriting
- DCD (dyspraxia)
- Developmental delays
- Coordination and balance disorders
- Neurological Impairments
- Genetic Disorders
- Orthopaedic Disabilities
- Post trauma and lower extremity surgery
- Sports injuries
- Muscle coordination concerns

Psychology Department



The Psychology Department at Mind Institute offers evaluation, formalized assessments and treatment for a wide range of emotional, behavioral and psychological disorders.

Our Psychologists offer treatment in the following areas:

- Depression
- Stress and anxiety
- College adjustment issues such as homesickness, academic problems
- Interpersonal issues-friendship and romantic relationship difficulties
- Bereavement and loss issues
- Questions/confusion about identity, sexuality, gender, or religious concerns
- Concerns about body image, food, eating, or weight
- Experiences of sexual assault, relationship violence, or abuse
- Suicidal thoughts
- Marital challenges
- Health Issues: Addictions/ Self Harming
- Phobias



CHILD PATHWAY PROGRAMS

Mind Institute offers multiple programs for children and adolescents experiencing social, academic and/or behavioral challenges.

Early Intervention Program (Mild to Moderate cases):

Mind Institute's interdisciplinary Early Intervention Program (EIP) provides early identification, evaluation and intervention for children up to the age of 6 years old facing mild to moderate challenges. Our team includes a Pediatric Speech Therapist, Pediatric Occupational Therapist, Pediatric Psychologist, Behavior Therapist, Play Therapist, Dance Therapist and Early Childhood Education specialists who combine play-based approaches with proven behavioral methods in a mixture of structured and semi-structured activities. Your child will receive a customized, comprehensive and coordinated program, tailored to his/her needs to ensure that their social, communication and language, cognitive, self-help and fine/ gross motor developmental milestones are attained and achieved. Our program includes professionals who oversee your child's progress, modify the program as necessary and respect the parents' role.

EIP Targets:

- Social skills (emotions, turn taking, waiting)
- Functional communication, speech, and language
- Cognitive skills (attention, focus, self-regulation, problem-solving)
- Self-help skill/ daily living skills (toileting, dressing, eating, hygiene)
- Fine/ gross motor developmental milestones
- Reducing challenging behaviors
- Pre-academic skills, including early literacy and numeracy

EIP Curriculum:

Early Years Foundation Stage (EYFS) is a U.K. curriculum tailored for both mainstream and special needs education that sets meticulous standards for the learning, development and care of your child from birth to 5 years old.



Daily Program (Moderate to Severe cases):

Mind Institute's daily program provides identification, evaluation and intervention for children facing moderate to severe physical, social and mental challenges.

Daily Program Targets:

- Independence
- Daily life skills
- Attention Span
- Communication Skills
- Academic Skills

Daily Program Curriculum:

TEACCH (Treatment and Education of Autistic and Communication related handicapped Children) is an evidence-based service, training, and research program for individuals of all ages and skill levels with autism spectrum disorders.



INTEGRATION AND SUPPORT PROGRAMS

Learning Support

Our Learning Support Program is available in both English and Arabic and caters to both mainstream and special needs children and adolescents of all school ages. Our Learning Support Program offers children and adolescents with learning disabilities and other learning challenges a wide range of intensive, individualized interventions designed to remediate learning challenges. The needs of your child are met through a multi-disciplinary team involving special educators, therapists and support staff.



Our therapists will create and implement an individualized treatment plan that will meet the unique needs of your child, which will include a diverse set of services; including speech therapy, occupational therapy, play therapy, dance therapy and psychological counseling if needed.

This is a **specialized** program aimed at providing learning support to children in mainstream education with weak language, literacy and numeracy skills. Learning Support is implemented by qualified special educators and is specifically designed to develop functional skills ranging from self-help to basic academic skills. The primary goal is to increase cognitive and academic achievement and to increase basic interpersonal skills.

School Services

Many children, though enrolled in mainstream education, still face developmental challenges that hold them back from reaching their full potential. Mind Institute, through its team of pediatric and educational psychologist, works collaboratively with schools to address and overcome both academic and social challenges in the school setting. We support academic intuitions in more ways than one:

- Providing shadow teachers that are certified and experienced in special education
- Providing appropriate specialist resources and highly-qualified staff to work with school staff and students facing challenges
- Implement individually-tailored strategies to allow the student to fully access the curriculum
- Promote self-awareness, confidence and social interaction
- Provide training workshops for school staff
- Classroom observation, whole and individual
- Comprehensive classroom and individual assessments
- On-site therapist and therapy services



Nursery Integration

Mind Institute works extensively with its sister company, Little Academy Nursery, to integrate children into mainstream early childhood education. Ranked as one of the top 5 nurseries by Qatar's Ministry of Education, we work hand in hand with you and your child to promote your child's well-being in a collaborative program between Mind Institute and Little Academy to promote your child's development. Children will gain positive social/emotional skills, acquire and use early language/communication and learn the use of appropriate behaviors to meet their own needs, become adaptive, and ultimately, independent.

Social Groups

Mind Institute provides weekly social skills activity program for children and adolescents struggling with social skills and interaction. The sessions are planned and delivered by a multidisciplinary team of speech and language therapists, occupational therapists, psychologists, and special educators. Social Groups create opportunities for children and adolescents to develop their social interaction skills in a supportive and more informal environment-- engaging in fun and age appropriate activities with other peers. These sessions provide an opportunity for adolescents to relax, have fun and build friendships.



APPENDIX

ASSESSMENTS

PSYCHOLOGY ASSESSMENTS

- Conners 3rd edition
- KABC-11
- ADOS 2
- MULLEN
- GL ASSESSMENT
- CARS 2 (3 FORMS)
- WISC V
- WPPSI-IV

SLT ASSESSMENTS

- Clinical Evaluation of Language Fundamental (4)
- Clinical Evaluation of Language Fundamental (5)
- Preschool Language Scale 5
- Toddler Phonology Test
- Renfrew Language Scale (Action Picture Test)
- Derbyshire Language Scheme
- Bracken Basic Concept Scale (Receptive)
- Visualizing and Verbalizing
- South Tyneside Assessment of Syntactic Structure and Phonology STASS and STAP
- Nuffield Dyspraxia Programme 3
- Assessment of Comprehension

OT ASSESSMENTS

- Sensory Processing Measure (SPM)
- Functional Skills Assessment
- Tests of Sensory Functions in Infants (TSFI)
- Developmental Test of Visual Motor Integration (DTVMI)
- Peabody Developmental Motor Scales
- Handwriting Without Tears
- Clinical observation Tool
- Schoodles- Pediatric Fine Motor Assessment Tool
- Gross Motor Function Measure (GMFM)
- Functional Independence Measure For Children